

# Breathe LIFE...

into your work, life, and play.

A Publication of Dennis & King Law

volume 1 issue 2



## We Are Falling On Our Face Because We Are Jumping High



Tricia Dennis

***We ask for your business. We ask you to refer your friends to us. Normally, we would not get into politics in this newsletter. That's not what it's for. But on matters of national importance like the storming of the Capitol—our seat of government—we think you should know where we stand. I am going to tell you.***

It is scary out there right now. It is going to be scary for some time to come. What has been unleashed, what has been revealed, is ugly. It is what makes democracies die.

**In the despair, it is easy to lose perspective.** I certainly do all the time. But from time to time, I step back and try to remember where we are as a country on the arc of things. **I see that this is both a very dark time and, potentially, a very hopeful time.** It's important to hold these truths together. When I look down at the ground of the present right now, I feel depressed. If I lift my head to the horizon, I see a different picture.

You see, what we saw in December and January—is not the chaos of the beginning of something. This is the chaos of the end of something.

For 40 years, most of my adult life, the view of many of our government representatives seemed to say that if you're torn between doing what's good for money and what's good for people, always do what's good for money. Big money and their political servants pumped out stories about lazy workers and welfare queens; and any number of other fraudulent tales that were meant to justify the rich getting richer and the poor getting poorer and middle class getting squeezed.

But, on matters of race and identity, the Trump era doesn't have the crackle of a new movement being born. It feels more like an old movement beginning to die—a mourning—a mourning for white power. A mourning for a time when simply to be white and show up was enough. A mourning for an era in which simply to be a man, and not necessarily an especially capable one, could get you ahead of other people. A mourning for a time when you could be the default idea of an American and not have to share your toys.

**We must understand that what we have been living through is backlash.** Backlash is never the engine of history. It is the revolt against the engine of history. We should remember—just to pat ourselves on the back for a second—that we actually are trying to become a kind of society that has seldom, if ever, existed in history. A society—a country—of people from all over the world. Not bound by race, creed or even language, but by a simple idea—all people are created equal.

We are falling on our face because we are jumping very high right now. We are trying to do something that does not work in theory. To be a country of all the world, a country made up of all the countries, a country without a center of identity,

— continued on page 3

**How We Can Help** Tricia Dennis and Russell King have been helping injured people make good decisions about their case for more than 75 years combined. Their practice covers both Tennessee and Georgia. Today, the firm's practice areas include personal injury cases and DUI and criminal defense. Importantly, we have good connections with lawyers in every practice area. If you or a friend or family member have a legal need in an area we don't handle, please call (423) 892-5533 for a recommendation and referral.



**FAITH CORNER**  
wisdom for living life

## UNDERSTANDING WISDOM

*“But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere.”*

*James 3:17*



**A wise woman who was traveling in the mountains found a precious stone in a stream.** The next day she met

another traveler who was hungry, and the wise woman opened her bag to share her food.

**The hungry traveler saw the precious stone and asked the woman to give it to him.**

She did so without hesitation. The traveler left, rejoicing in his good fortune. He knew the stone was worth enough to give him security for a lifetime. However, a few days later he came back to return the stone to the wise woman.

**“I’ve been thinking,” he said, “I know how valuable the stone is, but I give it back in the hope that you can give me something even more precious.** Please share with me what you have within you that enabled you to give me the stone without hesitation.”

The wise woman laughed. “Young man, there is nothing more for me to share with you. By returning the stone, you have shown that you already have what is most precious, within yourself as well. Your heart is open...” □

— Russell King



**YUMS**  
recipes we love

## The BEST Hot Chicken Salad

**A seriously delicious chicken casserole!!**

**Baked chicken salad loaded with pimentos, water chestnuts, almonds, cheese, and french fried onions.** Great

**for lunch, brunch, dinner, baby showers, potlucks, and church suppers. Chicken, almonds, water chestnuts, pimentos, celery, lemon juice, mayonnaise, cheddar cheese, cream of chicken soup and french fried onions. Can make in advance and refrigerate or freeze for later.**



### Ingredients

- |                                               |                                        |
|-----------------------------------------------|----------------------------------------|
| 3 cups chopped cooked chicken                 | 1½ cups mayonnaise                     |
| 1 cup sliced almonds                          | 1 cup shredded cheddar cheese          |
| 1 [8-oz ] can sliced water chestnuts, drained | 1 [10.75-oz] can cream of chicken soup |
| 1 [4-oz] jar diced pimentos, drained          | 1 tsp salt or to taste                 |
| 2 cups chopped celery                         | ½ tsp pepper or to taste               |
| 1 Tbsp lemon juice                            | 1 [3-oz] can French fried onions       |

### Instructions

- 1** In a large bowl, combine cooked chicken, almonds, water chestnuts, pimentos, celery, lemon juice, mayonnaise, cheddar cheese, cream of chicken soup, salt, and pepper.
- 2** Spread into prepared pan.
- 3** Bake uncovered for 30 minutes. Sprinkle French-fried onions on top of casserole and bake an additional 10 minutes. □



## WHAT YOU NEED TO KNOW

practical legal info

### WATCH OUT FOR BOGUS COVID-19 CURES

*As coronavirus ravages the country, it's only natural that we would look to prevent or cure this terrible virus in any way possible. But so far, there are no drugs, over-the-counter or prescription, that you can take to prevent or cure coronavirus.*

That hasn't stopped some people out there hoping to profit from this pandemic by selling unproven and illegally marketed products based on false claims. Instead, these products may be seriously dangerous.

Protect yourself and your family by continuing to follow CDC guidelines and only take medications or vaccines that the FDA has approved. □

# happy st. patrick's day



N G Z R L S S H R N K M A G G N V U I A  
 Z R A Z A A H J M M P A R A D E X G C V  
 L T N R X I Y A E B U E S O N D C R N P  
 B R R Y W N N O M F M A G I C A L E F G  
 P A Z A N M B B L R C Y E L E D U E I A  
 H J G X D Y L Y O E O C H W C I Y N R E  
 Q C L P G I Y I I W P C C P T J R S E L  
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 S P L V W P B Z G A P O F C Z U M A M S  
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BAGPIPE  
 CELEBRATE  
 CLOVER  
 COINS  
 GREEN  
 GAELIC  
 GOLD  
 IRISH  
 LEPRECHAUN  
 LUCK  
 MAGICAL  
 RAINBOW  
 SHAMROCK  
 ST. PATRICK  
 LIMERICK  
 SHILLELAGH  
 PARADE  
 BLARNEY  
 IRELAND  
 TRADITION

– continued from page 1

### We Are Falling On Our Face Because We Are Jumping High

without a default idea of what a human being is or looks like, without a shared religious belief, without a shared language that is people's first language at home. And what we're trying to do is awesome. It is literally awesome in the correct sense of that word. That we are having violent riots inside our own Capitol building or racism oozing through the television and social media portals is both terrifying and a completely predictable, inevitable result of powerful people trying to hold on to their money and power by fueling the anxieties of people wishing to live in the past. We are living through a revolt against the future. The future will prevail. □

–Tricia Dennis



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## Thank You For Your Referrals!

We'd like to thank the following clients and referral partners for their wonderful referrals. Your continued support allows us to continue to apply our dedication to providing personal service to more people and make a positive difference in their lives.

- M. Wiley
- A. Hullum
- D. Painter
- W. Nelson
- M. Jones

## Hello From Tricia Dennis & Russell King

This month, we're giving you our perspective on recent events we've faced as a country. You'll also find a bit of Biblical hope and wisdom. To add some fun and happiness to your day, look inside for this month's puzzle and the most delicious, easy recipe!



## Success Stories PERSONAL INJURY

### Alex's Story



### OUR REPUTATION HELPS A CRASH VICTIM GET FAIR COMPENSATION

*The insurance company took a hard line after Alex's crash. They claimed he was equally at fault due to speeding. However, the company didn't expect Alex to call Dennis and King.*

Alex was driving down a main street when another driver pulled out in front of him from a side street. During the collision, Alex suffered a broken leg and broken ribs. He required surgery and physical therapy.

While the other driver was clearly at fault, her insurance company took a hardline approach. **They claimed Alex was at least 25% or more at fault for the collision, arguing that he was speeding** and he had plenty of time to brake and avoid the wreck. Alex knew he needed help, and he turned to Dennis and King. To fight back, Dennis and King took an aggressive approach. **We hired an engineering firm to disprove excessive speed and we signaled that we were ready and willing to try Alex's case.** We carefully investigated Alex's crash and our tactics worked. We eventually negotiated a very favorable, high, six figure settlement with the negligent driver's insurance company. ▣

